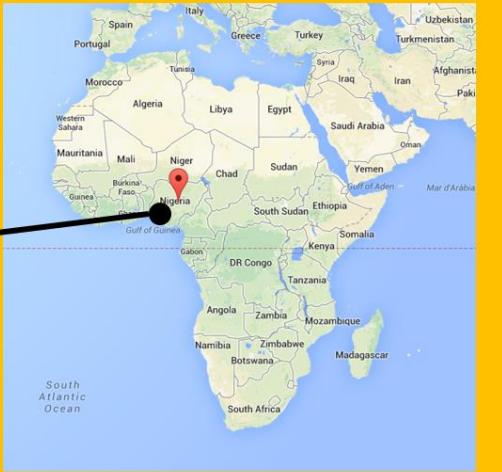




Is there any truth to learn from legends?

Kingdom of Benin

The ancient Kingdom of Benin is not the same as the country called Benin today, it was in what is today south west Nigeria.



This brass plaque shows the Oba, or King, of the Kingdom of Benin and his warriors.



Timeline of Events								
900 CE The kingdom known as Igodomigodo is created and ruled by the Ogiso.	900 – 1460 CE A huge moat is constructed around the Kingdom.	1180 CE The Oba royal family take over from the Ogiso.	1440 CE Benin expands its territory under the rule of Oba Ewuare the Great.	1470 CE Oba Ewuare renames the Kingdom as Edo.	1514 CE Oba Esigie sets up trading links with Europeans.	1700 CE A series of civil wars within Benin lead to the kingdom declining in power.	1807 CE Britain passes a law abolishing the slave trade, which further weakens the kingdom.	1897 CE Benin City (in modern day Nigeria) comes under British control.

Mesozoic Era 245-65 mil BCE	Stone Age 15000 BCE - 2500 BCE	Bronze Age 3000 BCE - 800 BCE	Iron Age Celts 800 BCE - 43 CE	Romans 43 CE - 410 CE	Anglo-Saxons & Scots & Vikings 410 - 793 CE	Anglo-Saxons and Vikings 793 CE - 1066	Normans 1066 - 1154	Plantagenets 1154 - 1485	Tudors 1485 - 1603	Stuarts 1603-1714	Georgians 1714 - 1837	Victorians 1837 - 1901	Edwardians 1901 - 1910	WW1 1914 - 1918	WW2 1939 - 1945	Post-War 1945 - 1980	Modern Britain 1980 - Now
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Key Learning

1. Benin, in modern day Nigeria was an advanced society as long ago as a thousand years, in many ways more advanced than Saxon and Viking society at the time.
2. It's really important that people living in Britain today recognise how African societies such as Benin developed in their own right and not as a result of contact with Europeans. This helps combat some prejudices people have today thinking that all the important developments in world history took place in the West.
3. Benin society was organised around the all-important Oba who lived in his own palace within a well-defended city.
4. The society is best remembered for its magnificent bronzes.
5. At the end of the Victorian period soldiers of the British empire clashed with the inhabitants of Benin and looted a vast number of these superb bronzes many of which are still held in British museums.
6. The debate about whether the Benin bronzes should be returned still rumbles on. There are arguments on both sides.

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Key Word

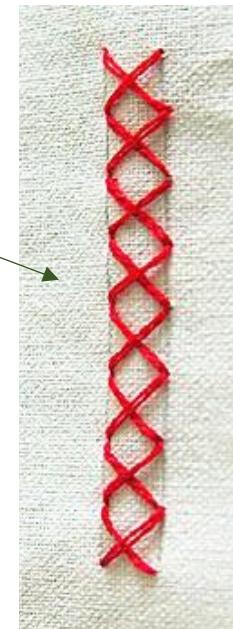
Definition

Cross-stitch

Cross-stitch is a form of sewing and a popular form of counted-thread embroidery in which X-shaped stitches are used to form a picture.

Blanket-stitch

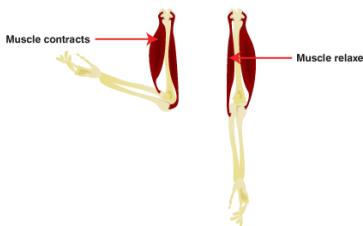
The blanket stitch is a stitch used to reinforce the edge of thick materials.



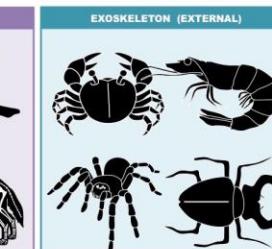
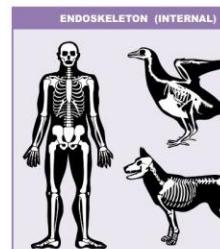
Science



Antagonistic Muscle Pairs



Food Pyramid



Key Word

Definition

balanced diet

a variety of food that you regularly eat

diet

the type and range of food that you regularly eat

nutrition

the process of taking food into the body and absorbing the nutrients in those foods

energy

the ability and strength to do physical things

healthy

well and not suffering from any illness

hygiene

keeping yourself and your surroundings clean, especially in order to prevent illness or the spread of diseases

vertebrate

animal with a backbone

invertebrate

animal without a backbone

exoskeleton

animal with a skeleton on the outside of its body

endoskeleton

animal with a skeleton on the inside of its body

